







### Bladder Cancer Advocacy Network Newsletter

August 2020

### 2020 Fall Virtual Walk to End Bladder Cancer



Building upon the success of the Spring Virtual Walk to End Bladder Cancer, the Bladder Cancer Advocacy Network (BCAN) will hold a second Virtual Walk on Saturday, October 3, 2020 at 11:00 am ET. A special Virtual Walk broadcast will also take place on Walk Day on BCAN's Facebook, YouTube and Twitter channels at 11:00 am ET, highlighting those who are

walking.

Our Virtual Walk is a **GREAT way to safely connect with friends and family** and help end one of the most common cancers in America, <u>bladder cancer</u>.

Participating is easy. Simply click on the link below or download the "Walk with BCAN" app from <u>Google Play</u> or the <u>App Store</u>.

Sign Up for the Fall Virtual Walk

## 2020 Virtual Summit for Bladder Cancer Patients and Families

#### Survivor to Survivor



Are you a bladder cancer patient looking for someone to talk to - someone who truly understands?

The Bladder Cancer
Advocacy Network's
Survivor 2 Survivor
program offers phone
support for bladder cancer
patients who have questions
about their bladder cancer
journeys.

If you are bladder cancer patient and would like to be matched with a survivor, please call 301-215-9099, ext. 212 and leave a message for the Survivor to Survivor program, or send an email to mpowell@bcan.org.

BCAN will match you to a survivor volunteer and all information is kept confidential.



Click on the video above to learn more about the Patient Summit

On Saturday, October 10, 2020, BCAN will hold its firstever <u>Virtual Bladder Cancer Summit for Patients and Families</u>. We invite you to join BCAN from the convenience of your phone, tablet or laptop.

During the Virtual Summit, participants will:

- Connect with other bladder cancer patients, survivors, and caregivers;
- Learn about the impact of COVID-19 on bladder cancer treatment:
- Hear leading bladder cancer experts discuss recent and upcoming bladder cancer research advances; and
- · Ask questions of panelists.

The Bladder Cancer Summit for Patients and Families promises exciting content. Breakout sessions will offer viewers the opportunity to share their experiences and learn how others are managing their diagnoses.

Like past years, participating in the Virtual Summit is freeof-charge, but registration is required.

Register for the Free Virtual Summit

# Meet Ina®, the Intelligent Nutrition Assistant

BCAN has partnered with Savor Health® to bring personalized nutrition support to help people with bladder cancer eat healthily and stay well-nourished throughout treatment and beyond.

This service is Ina®, the

### **Upcoming Webinars**



BCAN continues to bring quality programming to your computer, laptop and phone via our <u>Patient Insight</u> <u>Webinar</u> series. BCAN webinars are free-of-charge, but registration is required.

Upcoming webinars include:

Tips for Caregivers – A Video Chat with the BCAN Carer Community Sep 1, 2020 5:00 PM ET Register

Tobacco and Bladder Cancer: Cigarettes, Ecigarettes, and Why Quitting is So Important September 16, 2020 4:00 PM ET Register

#### Bladder Cancer Virtual Advocacy Day on September 15



BCAN is hosting a Virtual Bladder Cancer Advocacy Day on September 15 at 3:00 PM ET on Zoom.

During this webinar, viewers will learn critical information about how to help influence Members of Congress and other elected officials to help them understand how bladder cancer impacts the



Intelligent Nutrition
Assistant.

Good nutrition can help people with cancer feel better and manage symptoms like diarrhea, nausea, tiredness, and decreased appetite.

Simply text Ina from your cell phone 24/7 and she'll respond with personalized nutrition tips, recipes, and answers to your

questions.

Knowledge and advice from Ina come from registered oncology-credentialed dietitians, nurses, and doctors who are experts in treating and supporting cancer patients.

Registration and unlimited 24/7 access to Ina is free, safe, and secure.

Sign up for Ina®

lives of hundreds of thousands of people per year.

In addition to learning about effective ways to advocate for the issues that are important to improving the lives of those with bladder cancer, participants will also get updates from BCAN about its legislative priorities for the remainder of 2020.

Sign up for Advocacy Day

Bladder Cancer Advocacy Network | www.BCAN.org | Bethesda, MD 20814

Donate to BCAN