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Bladder Cancer Advocacy Network Newsletter

July 2020

2020 *Virtual* Summit for Bladder Cancer Patients and Families



Given that the COVID-19 pandemic continues to threaten the health and safety of many, we are moving our annual Bladder Cancer Summit for Patients and Families from an in-person to an online meeting. We invite you to join BCAN from your phone, tablet or laptop on **Saturday, October 10th from 1:00 PM to 5:00 PM Eastern Time.**

For more information including the agenda, please visit our [Summit 2020 page](#) on the BCAN web site.

During the Virtual Summit, viewers can:

- Connect with other bladder cancer patients, survivors, and caregivers;
- Learn about the impact of COVID-19 on bladder cancer treatment;
- Hear leading bladder cancer experts discuss recent and upcoming bladder cancer research advances; and
- Understand how BCAN programs and services can help in their bladder cancer journey.

The Bladder Cancer Summit for patients and families promises exciting content, including a session on medical

Survey Participants Needed

Were you diagnosed with **high-grade non-muscle invasive bladder cancer** or cared for someone with this diagnosis? If so, please consider taking part in our survey.

Your survey responses **will remain anonymous**. BCAN will not share identifying information with the sponsoring organization. Respondents who complete the entire survey will receive a gift code for their participation (only one per address).

Take the survey

If you cannot click on the button above, please copy and paste this address into your browser to take the survey:

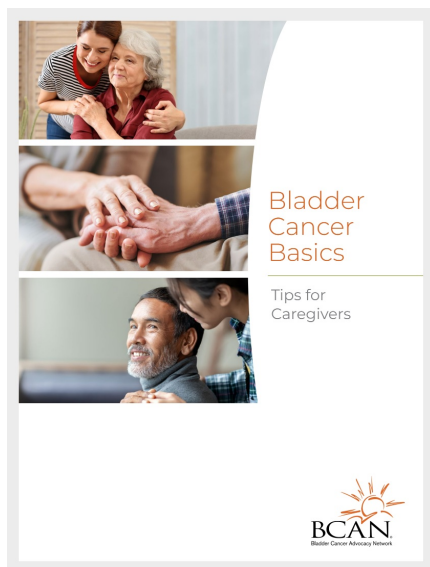
<https://bit.ly/2YLntuC>

advances. Breakout sessions will offer you the opportunities to share your experience and learn how others are managing their diagnoses.

Like past years, participating in the Virtual Summit is free of charge, but registration is required.

[Register to attend the Virtual Summit](#)

Tips for Bladder Cancer Caregivers Booklet Now Available



Learning that someone you care about has bladder cancer can feel overwhelming. Your partner, family member, or friend may need you as a caregiver. Caregiving can be a rewarding and sometimes difficult journey.

Each year more than 80,000 people in the United States hear the words, “You have bladder cancer.” You are not alone as a caregiver - you are a vital part of the patient care team. What happens at home is just as important as what happens at the doctor’s office. BCAN gathered the information in this book to support caregivers as they care for someone with bladder cancer. The booklet addresses:

- What can I expect as a bladder cancer caregiver?
- How can I take care of myself too?
- Are my feelings and emotions normal?
- What are some other issues bladder cancer caregivers should think about?

[Download your free Caregivers guide](#)

Healthy Eating for Bladder Cancer Patients Broadcast

Do You Have Your BCAN Mask Yet?



Having your own Bladder Cancer Advocacy Network (BCAN) mask is a great way to stay safe in a time of COVID-19 and AND help work to end bladder cancer.

Order your BCAN mask today, along with other great items from the BCAN store like the official **2020 Walk to End Bladder Cancer t-shirt**, or a **25 ounce aluminum water bottle** that will help keep you cool and hydrated this summer.

[Shop the BCAN store](#)

Think BCAN is a Great Nonprofit? Help Us Tell Others



One of the most effective ways that new people learn about the Bladder Cancer Advocacy Network (BCAN) is through word-of-mouth.

Can you help spread the word about BCAN by writing



On June 16, 2020, BCAN broadcast [a live event](#) on Facebook, Twitter and YouTube with Ann Ogden Gaffney, a bladder cancer survivor and head of [Cook for Your Life](#), an organization devoted to teaching healthy cooking to people whose lives have been touched by cancer.

As a three-time cancer survivor herself, during the video above, Ann offers her perspectives on how cancer patients and loved ones can quickly and easily prepare meals that will benefit their health. Throughout the video, Ann also offers cooking tips for cancer patients and even prepares a refreshing drink for good hydration.

[Watch the video](#)

a review on the Great Nonprofits web site? Reviewing BCAN takes less than five minutes and having up-to-date reviews will help us raise awareness of bladder cancer as well as BCAN's services and information.

[Write a review of BCAN](#)

Bladder Cancer Advocacy Network | www.BCAN.org | Bethesda, MD 20814

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