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Bladder Cancer Advocacy Network Newsletter

October 2020

WALK WITH US

The Bladder Cancer Advocacy Network's (BCAN's) **2020 Fall Virtual Walk to End Bladder Cancer** will take place on **Saturday, October 3, 2020** at

11:00 am ET.

Our Virtual Walk is a wonderful way to safely connect with friends and family and help end one of the most common cancers in America, bladder cancer. Funds raised from our Virtual Walk enable us to **provide free programs and services** to the bladder cancer community.

You can also watch our Virtual Walk LIVE at 11:00 AM ET on your computer, phone or tablet on BCAN's social media channels:

- [Facebook](#),
- [YouTube](#) and
- [Twitter](#).

[Click to Register to Walk Virtually](#)

If you miss the Virtual Walk, you can do your own walk to end bladder cancer at your convenience at any time. [Click here for more details](#).

TALK WITH US

Please come and **Talk with Us** on Saturday, October 10, 2020 at 1:00 pm ET for BCAN's first-ever **Virtual Bladder Cancer Summit for Patients**

and Families. We invite you to join in with our community from the convenience of your phone, tablet or laptop.

The free-of-charge Bladder Cancer Summit promises exciting content from leading doctors, including:

- Gary D. Steinberg, MD, FACS, NYU, Professor and

Upcoming Bladder Cancer Programming



BCAN continues to bring quality programming to your computer, laptop and phone via our **Patient Insight Webinar** series. BCAN webinars are free-of-charge. Upcoming webinars include:

What I had Wished I had Known When I was First Diagnosed with Bladder Cancer

October 28, 2020 at 1:00 PM ET

[=> Register here](#)

Update on Veterans and Bladder Cancer

November 11, 2020 at 6:00 PM ET

[=> Register here](#)

Update | Understanding and Treating Upper Tract Urothelial Carcinomas (UTUCs)

November 18, 2020 at 7:00 PM ET

[=> Register here](#)

Director of the Goldstein Bladder Cancer Program
NYU Langone Health, NY

- Max Kates, MD, Director, Bladder Cancer Program, Assistant Professor of Urology, Johns Hopkins Medicine, Baltimore, MD
- Molly Ingersoll, PhD, Institute Pasteur, France
- Srikala (Kala) Sridhar, MD, MSc, FRCPC, University Health Network, Princess Margaret Cancer Center, Toronto, CA
- Joshua J. Meeks, MD, PhD, Feinberg School of Medicine, Northwestern University, Chicago, IL.

Being part of the free Virtual Summit is easy - simply click on the button below to register.

[Click to Register for the Summit](#)

Have You Used Ina®, the Intelligent Nutrition Assistant?

As an affinity benefit for the BCAN community, we have partnered with [Savor Health®](#) to bring **free, personalized nutrition support** to help people with bladder cancer eat healthily and stay well-nourished throughout treatment and beyond.



This service is [Ina®, the Intelligent Nutrition Assistant](#).

Good nutrition can help people with cancer feel better and manage symptoms like diarrhea, nausea, tiredness, and decreased appetite.

Simply text Ina from your cell phone 24/7 and she'll respond with personalized nutrition tips, recipes, and answers to your questions. She'll also reach out to you frequently to see how you are feeling.

Knowledge and advice from Ina come from registered oncology-credentialed dietitians, nurses, and doctors who are experts in treating and supporting cancer patients.

Registration and unlimited 24/7 access to Ina is free, safe, and secure.

Want to know more about staying well with bladder cancer? Visit our [nutrition page](#).

[Sign up for Ina](#)

WAYS TO GIVE

Creative Ways to Help End Bladder Cancer

Through the generous support of individuals, industry partners and foundations, BCAN is able to provide important educational programs and services to bladder cancer patients and their loved ones, be the **expert voice for federal and state advocacy issues**, and lead the way to bladder cancer awareness and a cure.

There are multiple ways to give to BCAN. Some of the options include a **one-time or recurring donation** or Planned Giving options like **naming BCAN in your Will**, putting an **IRA to work to end bladder cancer**, and other types of **gifts that anyone can make**.

Thank you for helping us work for a world without bladder cancer.



Did you know that BCAN publishes a comprehensive print newsletter two to three times a year chock full of information of interest to the bladder cancer community? This edition focused on bladder cancer research.

We invite you to view and download an electronic version of the **BCAN Fall newsletter here**.

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