

Donate to BCAN



The Beacon

e-Newsletter of the Bladder Cancer Advocacy Network

BCAN.ORG



October 2021

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Win this free BCAN ball cap!

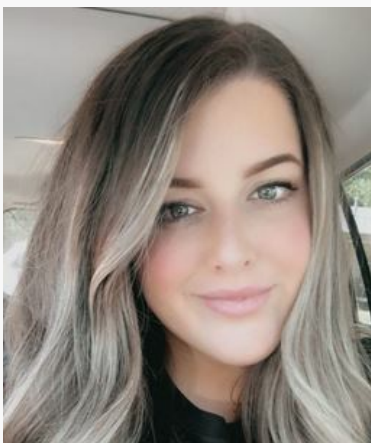
**Sign up and walk with
us**

**Register to Walk With Us
in 2022, Get a Free BCAN
Hat Now**

Great news! The first 100 people who register for the in person or virtual **2022 Walks to End Bladder Cancer** (registration is open now) will receive a FREE BCAN baseball cap!

By registering now, you can also get a head start on fundraising and become eligible to win one of **[these 47 AMAZING incentive prizes.](#)**

Join us!



Shelby Got Bladder Cancer at 21 Years of Age

We often say that anyone can get bladder cancer. **Shelby was diagnosed** at 21 and found out by reading her pathology results online. Her doctor told her, "In my 30 years of being a medical professional, I've never had anyone as young as you have bladder cancer."

**Read Shelby's
story**

FINAL DAYS! Register to Attend

BCAN's Patients and Families Summit

Our free [Bladder Cancer Summit for Patients and Families](#) will take place on Saturday, October 9 and the last day to register is **Wednesday, October 6**. We invite you to join us!

[Register here](#)



Familiar faces from the 2020 Summit

Women and Bladder Cancer

Bladder cancer has long been considered a disease of older men. Though it is more prevalent in men, studies have shown that women are more likely to present more advanced tumors. Women often have a worse prognosis than men at almost every stage of the disease.



According to a report published by the National Cancer Institute, the survival rate for women with bladder cancer lags behind that of men at all stages of the disease.

BCAN is here to help. We offer resources for women who are facing bladder cancer, including:

- A web site section, "[Women and Bladder Cancer: What You Need to Know](#)"
- [Stories from female bladder cancer patients](#)
- A webinar, "[Women and Bladder Cancer](#)"

[Learn more](#)

Upcoming Expert Programming and Webinars

Understanding Non-Muscle Invasive Bladder Cancer

October 12th, 2021
6:00 PM- 7:00 PM Eastern

[Register here](#)

Long Term Management of Urinary Diversions

October 28th, 2021
6:00 PM- 7:00 PM Eastern

What You Need to Know About Clinical Trial Options to Treat Bladder Cancer

November 15th, 2021
5:00 PM- 6:00 PM Eastern

[Register here](#)

Understanding Advanced/Metastatic Bladder Cancer

[Register here](#)

Understanding Muscle Invasive Bladder Cancer

November 9th, 2021

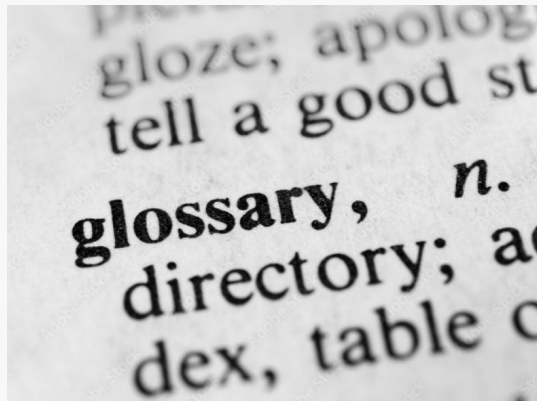
5:00 PM- 6:00 PM Eastern

[Register here](#)

December 7th, 2021

6:00 PM- 7:00 PM Eastern

[Register here](#)



Glossary of Bladder Cancer Terms

Receiving a bladder cancer diagnosis can be frightening and confusing. To help, we have developed a [glossary of common terms](#) related to bladder cancer. We have everything from A-Z, including some terms with animations that explain them further.

[Peruse the glossary](#)

Have You Met Ina®, the Intelligent Nutrition Assistant?

As an affinity benefit for members of the BCAN community, we have continued to partner with [Savor Health](#) to bring personalized nutrition support to help people with bladder cancer eat healthily and stay well-nourished throughout treatment and beyond.



This service is [Ina, the Intelligent Nutrition Assistant](#).

Good nutrition can help people with cancer feel better and manage symptoms like diarrhea, nausea, tiredness, and decreased appetite.

Simply text Ina from your cell phone 24/7 and she'll respond with personalized nutrition tips, recipes, and answers to your questions.

Knowledge and advice from Ina come from registered oncology-credentialed dietitians, nurses, and doctors who are experts in treating and supporting cancer patients.

Registration and unlimited 24/7 access to Ina is free, safe, and secure.

[Sign up for Ina](#)



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