

January 2022

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Damon's Story: I Did Not Fit the Bladder Cancer Profile

In 2020, Damon was diagnosed with non-invasive, high-grade papilloma urethral carcinoma. He told BCAN:

"This is the first time I have told my story. I have only told a few close friends. I've been reluctant to tell anyone. Recently, I have become more comfortable sharing that 'I have bladder cancer.'

"I am a 59-year-old Black male.I live a very active lifestyle and have always eaten very healthy."

Read Damon's story





Thanks to generous donors like you, contributions to our year-end fundraising campaign will help propel us forward to do even more to improve the lives of bladder cancer patients.

We are deeply grateful for the generosity of those who support BCAN.

Would you still like to make a gift? Click here.



Podcast: How Patients Can Navigate the BCG Shortage with Dr. Robert Svatek

In Season 2, episode 19 of the Bladder Cancer Matters podcast, host Rick Bangs talks with Dr. Robert Svatek about how bladder cancer patients can navigate the ongoing BCG shortage. Rick and Dr. Svatek also discuss what BCG is and how it is used; what the different strains are; why there is a BCG shortage; alternatives to BCG and; the future of BCG treatments.

Click here to listen

Walk to End Bladder Cancer, Earn Amazing Prizes

New in 2022!

Register for one of our Walks to End Bladder Cancer (happening in a city near you) and you can earn amazing prizes while raising funds to help bladder cancer patients and those who love them.

Register now and get a head start on fundraising and win one of these <u>47</u> AMAZING incentive prizes.



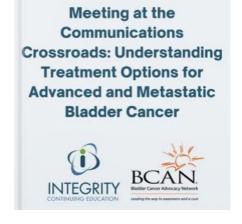
Click the image above to view the 46 incentive prizes for the 2022 Walk

Register to Walk

Do You Have a Metastatic Bladder Cancer Diagnosis? Two New Resources for Patients

E-learning About Advanced Disease

Upcoming Program About Metastatic
Disease



Integrity Continuing Education has developed a set of informational resources for bladder cancer patients who are facing a metastatic diagnosis.

You can visit the Integrity web site with links to download your free copy of an e-book about advanced disease, including on your Apple device via Apple Books and on Amazon Kindle device.

If you use Twitter, you can follow along with a series of informational tweets about <u>advanced/metastatic</u> <u>bladder cancer</u>, including who gets bladder cancer, what causes it, and answer <u>a few Twitter poll questions</u>.



We invite you to join us for a free online program, "Are There Treatments for Advanced Urothelial Cancer?" on January 28th at 1:00 PM ET.

A panel of expert oncologists and patients/patient advocates will discuss the best and most up-to-date treatment options for you. You'll get information to help you make informed decisions about your treatment, along with ways to recognize and discuss side effects with your care team. Panelists will also share the available support options to help maintain a healthy lifestyle despite a urothelial cancer diagnosis.

Register here

Free, Online Educational Resources



In case you missed them, BCAN recorded our informative <u>Patient</u> <u>Insight Webinars and Treatment</u> <u>Talks</u> from 2021.

These videos about bladder cancer are available to view 24/7, whenever you need answers to your bladder cancer questions.

Topics covered include:

- Diagnosis
- Treatment

- Research and Clinical Trials
- Survivorship and Caregiving

Visit Expert Videos page

Upcoming Bladder Cancer Webinar

Health Related Quality of Life After Radical Cystectomy| What a large study tells us about the "new normal" after bladder removal surgery with Dr. Bernard Bochner.

February 3, 2022 05:30 PM ET

Click here to register

Exercise Your FreeWill

At the beginning of a new year, many take advantage of the opportunity to do things that they have been postponing. We'd like to remind you that, as an affinity benefit for the BCAN community, we have partnered with FreeWill, a company that provides an easy, online way for you to create your own Will – FOR FREE.



Estate planning can seem complex, scary, and expensive. But having a Will is an easy first step to help guarantee your financial strength tomorrow without affecting your cash flow or your family's financial stability today. We hope that the FreeWill tool will help to bring you peace of mind while making it easier to complete a Will as part of a fresh start for the new year.

Start your free Will today

Volunteers Needed for Our Survivor to Survivor Program

Do you remember when BCAN was there for you with someone to talk to when you had questions? Maybe you had a question about what a treatment or surgery was going to be like or wanted to know if someone had experienced what you were feeling?



To continue supporting those in the bladder cancer community, **BCAN needs volunteers**, especially those over the age of 75, to help newly diagnosed patients. Join BCAN as a <u>Survivor to Survivor</u> volunteer and we'll give you a

training session and then and connect you with others who need your perspectives on dealing with bladder cancer. To learn more, please email Morgan at mstout@bcan.org.



Bladder Cancer Advocacy Network | BCAN.org | Bethesda, MD 20814