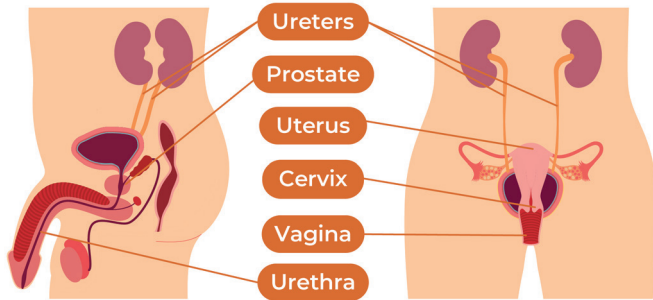


Bladder cancer occurs when cells grow abnormally and begin to form tumors in the lining of the bladder. Sometimes, cancerous cells metastasize, or advance, meaning they have spread beyond the bladder to other parts of the body.

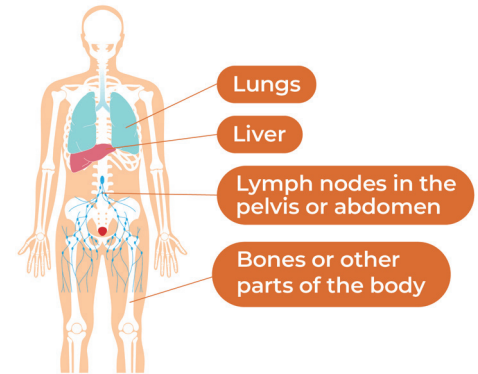
## Locally Advanced

Locally advanced bladder cancer most commonly spreads to:

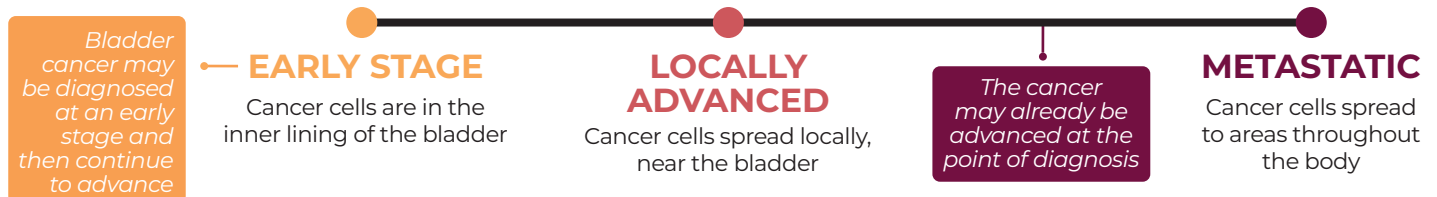


## Metastatic

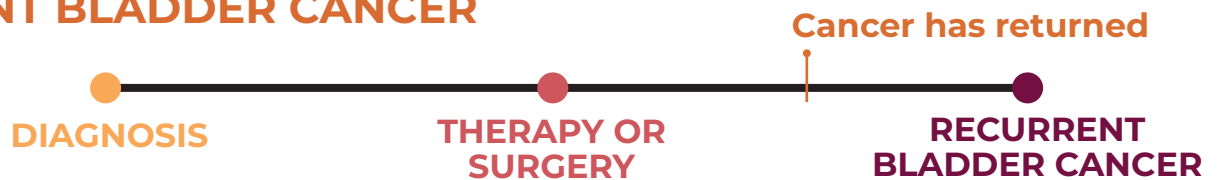
Metastatic bladder cancer most commonly spreads to:



## PROGRESSION OF BLADDER CANCER



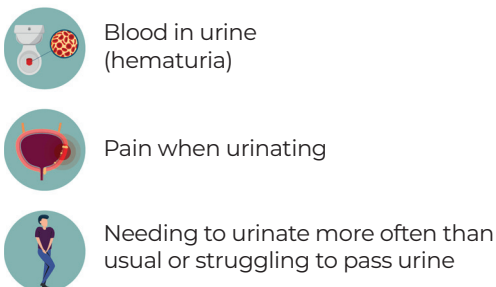
## RECURRENT BLADDER CANCER



Recurrent bladder cancer occurs when cancer cells return after therapy or surgery is administered. It is treatable, and treatments may vary depending on the stage of the cancer or if a previous treatment did not work.

## COMMON SYMPTOMS OF BLADDER CANCER

### Bladder cancer symptoms



### Advanced bladder cancer symptoms

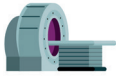


Many of these symptoms can be caused by something other than bladder cancer, but it is important to get checked if experiencing any new or worsening symptoms. Speak to your doctor for more information.

# DIAGNOSING ADVANCED BLADDER CANCER



## ULTRASOUND SCAN

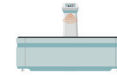


## CT SCAN



## MRI SCAN

These scans can detect if the cancer has spread beyond the bladder, and where in the body it has spread to.



## BONE SCAN

If you are experiencing any bone pain, an additional scan may be recommended to see if the cancer has spread to any bones.

Your doctor will carry out an assessment to establish which tests are the most appropriate for you

## TREATMENT OPTIONS

There are a number of treatment options available for advanced bladder cancer. Your doctor will be able to advise on which treatment option is right for you.



### CHEMOTHERAPY

Systemic chemotherapy is used to treat cancer that has advanced beyond the bladder to other parts of the body



### TARGETED THERAPY

Targeted therapy works by targeting specific genes and proteins involved in the growth and survival of cancer cells



### IMMUNOTHERAPY

Immunotherapy helps the immune system to fight cancer cells by boosting, or stopping certain immune responses



### MAINTENANCE THERAPY

Maintenance therapy works by giving immunotherapy as part of a two-step treatment regimen to maintain the benefits of an initial treatment

Speak to your doctor about your treatment options, and what steps to take next

## FINDING SUPPORT

It can also be helpful to talk to other people that are navigating this experience, either in person or online. Recommended support services include:



Talking to friends, family or other people going through a similar experience



Joining online support groups



Attending in-person support groups

The **Bladder Cancer Advocacy Network** is devoted to supporting people impacted by bladder cancer and is here to help every step of the way



For more information on treating advanced bladder cancer:

[BCAN.ORG/ADVANCED-BLADDER-CANCER](https://www.bcan.org/advanced-bladder-cancer)