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The Beacon

e-Newsletter of the Bladder Cancer Advocacy Network

BCAN.ORG



July 2023

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Sebrena's Story: Shock, Then "Resolution"



Sebrena noticed blood in her urine in March of 2022, and like many women, thought it was something else.

A cystoscopy in June revealed a tumor in her bladder. Sebrena said that she was experiencing disbelief and confusion.

Fast forward to this year, Sebrena worked hard to ensure that a resolution declaring Bladder Cancer Awareness Month was passed in the South Carolina legislature.

[Read Sebrena's story](#)



Are You a Veteran?

If you have served in the military, we would like to hear from you. We have developed a brief survey that will enable us to develop more programs and services to help those in the active or veteran communities who developed bladder cancer.

[Take the short survey](#)

Have You Met Ina®, the Intelligent Nutrition Assistant?

We have exciting news for BCAN members! In partnership with Savor Health, we are pleased to offer personalized nutrition support exclusively for bladder cancer patients. Our aim is to help you maintain a healthy and nourishing diet throughout your treatment and beyond.

Simply text Ina from your cell phone 24/7 and she will respond with personalized nutrition tips, recipes, and answers to your questions.

Registration for this invaluable service is completely free and confidential, ensuring your peace of mind. Take this opportunity to optimize your nutrition and enhance your well-being. Join us today and let us guide you towards a healthier and more nourished life during your bladder cancer journey.



[Tell me more about Ina](#)

Upcoming, Informative Webinars

For Men: Selecting Your Best Urinary Diversion

July 13, 2023 at 4:00 PM ET

[Register here](#)

For Women: Selecting Your Best Urinary Diversion

July 19, 2023 at 5:00 PM ET

[Register here](#)

Managing Side Effects of Procedures and Treatments in the Bladder

July 20, 2023 at 5:00 PM ET

[Register here](#)

Expanding Treatment Options for NMIBC – introducing a novel therapy for those who do not respond to BCG

September 27, 2023 at 4:00 PM ET

[Register here](#)

Tune In to 2023 Think Tank Sessions

Our [Bladder Cancer Think Tank](#) scientific meeting is the premier meeting of its kind in which doctors, researchers and advocates convene to discuss ways to improve outcomes for bladder cancer patients and loved ones. We'll be streaming three sessions from Think Tank and invite you to tune in. If these topics are too technical for you, no worries! In the fall, we'll have webinars explaining them in

layman's terms.



2023 Think Tank Panel: Real world applications of microbiome in Bladder Cancer | Part 1

August 4, 2023 at 10:00 am ET

[Register here](#)

2023 Think Tank Panel with Dr. Samuel Washington | The road to health equity in bladder cancer

August 4, 2023 at 1:00 pm ET

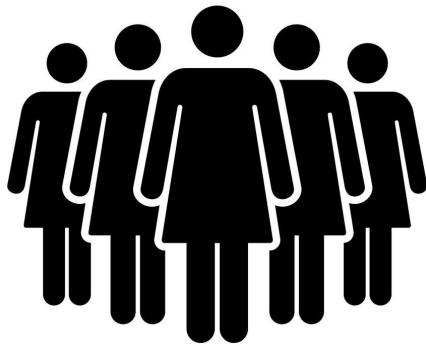
[Register here](#)

2023 Think Tank Panel: Carcinogenesis of Bladder Cancer: Exploring/Uncovering Environmental and Internal Risk Factors

August 3, 2023 10:30 AM

[Register here](#)

Zoom-Based Monthly Support Group for Women



BCAN's monthly women's support group meets to talk about issues and concerns that are unique to women facing bladder cancer.

You can also meet others who know exactly what you are going through.

The meetings are moderated by nurse and BCAN Board member [Karen Sachse](#), RN, MSN and oncology social worker Miriam Pomerantz Kadosh, MSW, LCSW.

The next meeting is on August 1st, 2023. [Register here](#)

Join Us in Nashville in October!

Imagine being a room with hundreds of bladder cancer patients and families **who get it**. They understand the difficulties and detours of having bladder cancer and the strain that it puts on everyone.

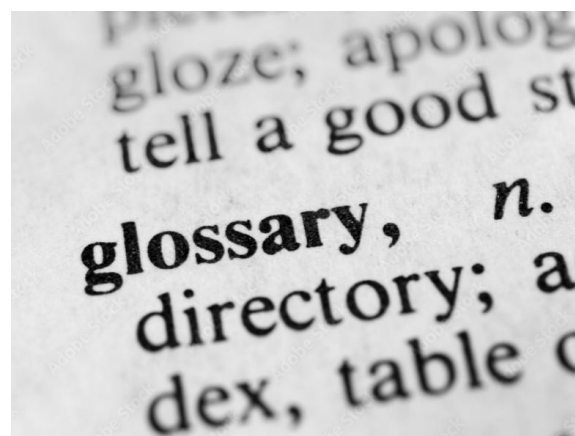
We invite you to join us for the **BCAN Fall Bladder Cancer Summit** in Nashville, TN, on October 27th-28th. Navigate your journey from diagnosis to survivorship with expert guidance. Discover shortcuts, avoid obstacles, and explore options for living well beyond bladder cancer. Free to attend, registration required. Don't miss this transformative event. Register now!



Join us in
Nashville

Understanding Bladder Cancer Terms

Glossary of Bladder Cancer Terms
Receiving a bladder cancer diagnosis can be frightening and confusing. To help, we have developed a [glossary of common terms](#) related to bladder cancer. We have everything from A-Z, including some terms with animations that explain them further.



Visit the glossary

BCAN Research Corner

Awardees of the 2023 Research Innovation Award Announced

Bladder Cancer Advocacy Network (BCAN) announced today the recipients of its prestigious 2023 [Research Innovation Awards](#). These awards honor exceptional researchers who have demonstrated remarkable dedication and innovative approaches in the field of bladder cancer research.



Dr. Garris

This year's recipients are Dr. Christopher Garris, PhD, BS, an Assistant Professor of Pathology at the Center for Systems Biology at Massachusetts General Hospital, and Dr. John Taylor, MD, MS, Professor of Urology and Co-Leader of Drug Discovery Development and Experimental Therapeutics at the University of Kansas Medical Center Research Institute, Inc. These highly competitive grants, providing \$300,000 over a two-year period, contribute to the \$6 million in research grants awarded by BCAN to date to address critical barriers, acknowledge gaps, and improve outcomes for bladder cancer patients.

[Learn more about the 2023 RIA recipients](#)



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