

August 1, 2024

[Read prior editions](#)



Liliana's Story: Just Keep Moving Forward

While training for a marathon, Liliana Martin first noticed blood in her urine. Despite initial tests showing minimal blood, doctors dismissed it as a side effect of running or a kidney stone. A year later, the blood reappeared more intensely while training for a different marathon. Urgent care led to a urologist, where a CT scan revealed a tumor.

She said that her experience emphasizes the importance of early detection and advocating for women's health.

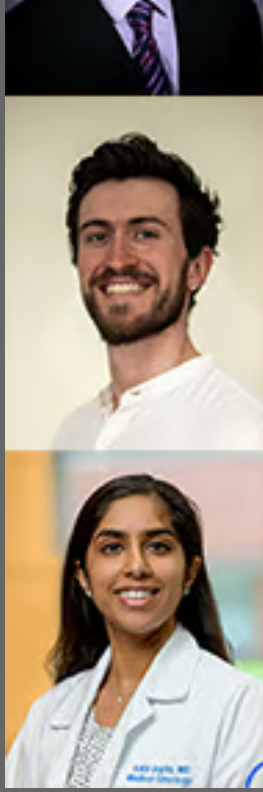
[Read Liliana's story](#)

2024 Young Investigator Awardees Named



The Bladder Cancer Advocacy Network (BCAN) announced the four recipients of its coveted Young Investigator Awards, honoring outstanding early-career scientists and clinical cancer researchers dedicated to positively impacting the lives of bladder cancer patients.

Each Young Investigator Award includes a \$75,000 grant to support one year of bladder cancer research. Over the years, BCAN has allocated more than \$10



million in grants to promising scientists and researchers, highlighting the critical need to advance our understanding of bladder cancer.

The recipients of the 2024 Young Investigator Awards are: Divya Ajay, MD, MPH, Assistant Attending Surgeon Memorial Sloan Kettering Cancer Center, Jonathan Anker, Ph.D., M.D., Hematology and Medical Oncology Fellow at the Icahn School of Medicine at Mount Sinai; Lucas Blanchard, PhD, Postdoctoral Associate at Rockefeller University; and Aditi Gupta, M.D., Hematology Oncology Fellow at Memorial Sloan Kettering Cancer Center.

[Learn more about the awardees](#)

Be in a Room Where Everyone Truly Understands



BCAN FALL SUMMIT
FOR PATIENTS & FAMILIES
PHILADELPHIA | 2024

Has bladder cancer impacted you or a loved one?

This Fall, we invite you to join us for the [Bladder Cancer Summit for Patients and Families](#), a free event taking place in Philadelphia, PA, on Friday, November 1st, and Saturday, November 2nd, 2024.

You don't have to go through a bladder cancer journey alone. The Bladder Cancer Advocacy Network's (BCAN's) Summits are bi-annual gatherings where patients, survivors, and caregivers come together to share their journeys, support each other, and gain vital insights into managing the disease.

Don't miss this opportunity to connect with others who truly understand.

[Learn more and register](#)

Research Innovation Awardees Announced



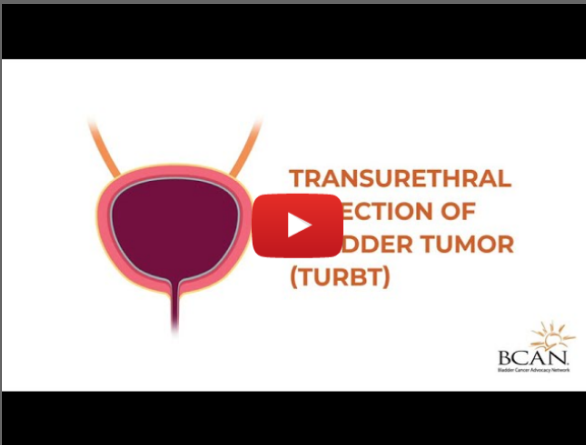
At BCAN, we believe that the future is bright for bladder cancer research.

On July 16th, we announced the two recipients of our prestigious 2024 [Research Innovation Awards](#). These \$300,000 awards recognize outstanding researchers who have shown exceptional commitment and innovative approaches in the field of bladder cancer research.

This year's honorees are **Bishoy Faltas, MD**, Chief Research Officer of the Englander Institute for Precision Medicine, the Director of Bladder Cancer Research and Associate Professor of Medicine at Weill Cornell Medicine, and **Alexander Wyatt, DPhil**, Assistant Professor at the University of British Columbia.

[<< Read more about their research proposals here >>](#)

What is a TURBT?



A trans urethral resection of bladder tumor (TURBT) is a procedure that many patients undergo in an attempt to resect (remove) a tumor in the bladder.

Click the video to the left to learn about about TURBTs or visit our entire animated video library below with more videos that can help you understand more about terms related to bladder cancer.

[Show me more animated videos](#)

Secure Your Loved Ones' Future Using FreeWill

It's National
Make-A-Will Month

This month is all about protecting what matters most — create your will today!

Make my will



FREEWILL



August is National Make a Will Month and as a service to the BCAN community, we are providing a free, easy way to create your own will. We have [partnered with FreeWill](#), an organization that offers a simple, legally-binding, online solution. You can make your own FreeWill today.

By creating your will this month, you can get peace of mind for the future, protect your family, and even support the future of the Bladder Cancer Advocacy Network (BCAN). Nearly 67% of American adults don't have a will, and we're sharing a free, online will-writing tool from FreeWill so 100% of our BCAN community can protect the people and causes they love.

Click below to learn more about this free service.

[Tell me more about FreeWill](#)

Bladder Cancer Webinar

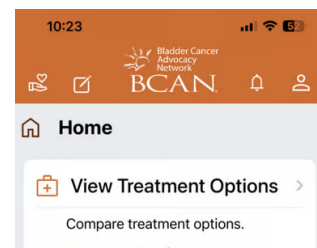
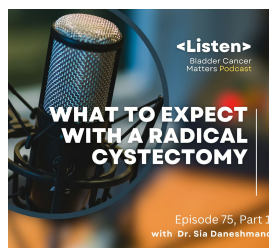
What: **Movement: A Tool to Optimize Your Bladder Cancer Journey Webinar**

When: September 24, 2024 at 5:00 pm ET

[Register here](#)

From enhanced physical function to improved sleep, the profound benefits of regular exercise and physical activity are undeniable. For bladder cancer patients, staying active during and after bladder cancer treatment can impact treatment outcomes and overall well-being. Join BCAN and Kirstie Pomaranski, Certified Personal Trainer, Cancer Exercise Specialist, from the Inova Schar Cancer Institute, for an insightful session.

FREE RESOURCES FOR OUR COMMUNITY

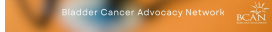




Share Your Bladder Cancer Story

The stories section on the BCAN web site helps people in our community learn more about others' journeys. We invite you to share your story with us.

[Learn more »](#)



What is a radical cystectomy like?

In this episode of our "Bladder Cancer Matters" podcast, our guest, Dr. Sia Daneshmand, explains what patients and families can expect with a radical cystectomy.

[Listen »](#)



Bladder Cancer App

BCAN developed an app for bladder cancer patients and families to help navigate diagnosis and treatment.

[Learn about the app »](#)

[Share this email with a friend](#)



Click here to [unsubscribe](#) | Sent to: mstory@bcan.org

Bladder Cancer Advocacy Network, 4520 East West Highway , Suite 610, Bethesda, MD 20814, United States