

The Beacon

e-Newsletter of the Bladder Cancer Advocacy Network

BCAN.ORG



July 1, 2024

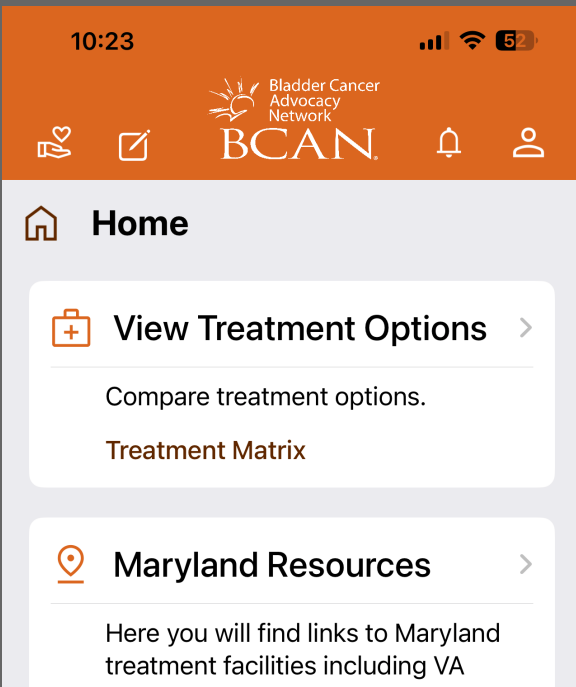
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Duke's Story: From Bladder Cancer to Swimming the English Channel

Duke Dahlin's story is one of resilience and determination. After traces of blood in his urine led to a stage two bladder cancer diagnosis, Duke faced a challenging recovery journey. With the unwavering support of his family, he returned to his passions, including swimming. Remarkably, he and his team swam the English Channel in 2023, setting a record as the oldest American mixed relay team to accomplish this feat. Click below to read more about Duke's inspiring story.

[Read Duke's story](#)



Free, Helpful Bladder Cancer App

Imagine managing aspects of your bladder cancer journey from the convenience of your mobile device. Now, you can! The Bladder Cancer Advocacy Network (BCAN) is pleased to offer a free-to-all **bladder cancer app** for [iPhone](#) and [Android](#) devices. Using the BCAN app, you can:

- Enter your diagnosis and learn about treatments that might be right for you

hospitals and NCI and NCCN certified treatment facilities.

Maryland Bladder Cancer Resources



Clinical Trials

Clinical trials may provide possible treatment alternatives to patients who have not had success with standard and approved therapies. We invite you to peruse our database of clinical trials near you.



Home



My Feed



My Calendar



Support



Resources

- Locate treatment facilities in your home state
- Create and maintain a calendar for your medical appointments
- View bladder cancer webinars, listen to podcasts and read inspiring stories from patients and caregivers

Download the app on your mobile device from the [Apple Store](#) or [Google Play](#) or just search for "BCAN bladder cancer app" wherever you get your apps.

[Learn more about the app](#)

Join Us in Philadelphia



BCAN FALL SUMMIT FOR PATIENTS & FAMILIES

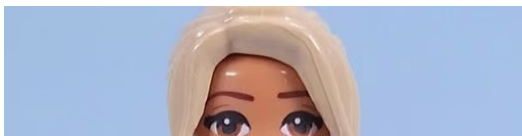
PHILADELPHIA | 2024

Are you or someone you care about dealing with a bladder cancer diagnosis? **You don't have to face it alone.** Twice a year, the Bladder Cancer Advocacy Network (BCAN) unites a supportive community of bladder cancer patients, survivors, and caregivers to exchange stories, experiences, and crucial information about the disease. This fall, join us for our free [Bladder Cancer Summit for Patients and Families](#) in Philadelphia, PA, on Friday, November 1st, and Saturday, November 2nd, 2024.

Don't miss this essential event—register now and be in a room where everyone understands.

[Learn more and register](#)

Lego and Friends - Ostomy Awareness



Recently, Lego, a popular brand of plastic construction toys made by the Lego



Group, featured a new character, Sara. What's unique about Sara is that she has a visible ostomy.

Sara is part of the Heartlake City Water Park set. We at BCAN believe that this raises awareness about ostomies and helps normalize them. This representation can help promote acceptance and understanding, reducing stigma and making those with ostomies feel seen and included.

Many who undergo a radical cystectomy or bladder removal have ostomies. To learn more about this surgery, [please visit our page](#) about radical cystectomies.

Compare Bladder Cancer Treatments

Bladder Cancer Treatments
Learn more about bladder cancer treatments that might be right for you below.

[Twitter](#) [Share](#)

- 1 Select your bladder cancer diagnosis.
- 2 Choose a treatment you are interested in.
- 3 View your treatment options.

Filter [Reset](#)

Diagnosis

- Upper Tract Urothelial Carcinoma (UTUC-low and high grade)
- Non-Muscle Invasive Bladder Cancer (includes Ta, T1, CIS tumors)
- Muscle Invasive Bladder Cancer (includes T2 tumors)
- Locally Advanced (includes T3 tumors)
- Metastatic Bladder Cancer (includes T4 tumors)

Treatments

- Gene therapy
- Targeted therapy
- Surgery
- Chemotherapy
- Maintenance therapy
- Immunotherapy
- Bladder preservation

Antibody-drug conjugate (ADC)

Diagnosis: Invasive Bladder Cancer (includes T4 tumors)

Treatment Category: Immunotherapy

Treatment: Antibody-drug conjugate (ADC) (Chemotherapy + monoclonal antibody)

Suitable for: Suitable for people with advanced bladder cancer who have already been treated with chemotherapy and...

[Read More](#)

Combined-modality therapy (CMT)

Diagnosis: Muscle Invasive Bladder Cancer (includes T2 tumors), Locally Advanced (includes T3 tumors)

Treatment Category: Bladder preservation

Treatment: Bladder preservation

Suitable for: Suitable for people with early-stage bladder cancer in cases where the tumor can be completely...

[Read More](#)

Immune checkpoint inhibitors

Diagnosis:

Intracavitary chemotherapy

Diagnosis:

Bladder cancer patients and families can be overwhelmed by a slew of medical terms and acronyms related to their treatments.

That's why BCAN created a database designed to help people understand and compare treatments for all types of bladder cancer. Click the button below to get started.

[Learn and compare](#)

Have You Met Ina®, the Intelligent Nutrition Assistant?



In partnership with Savor Health, we are pleased to [offer Ina](#), the personalized nutrition support exclusively for bladder cancer patients. We aim to help you maintain a healthy and nourishing diet throughout your treatment and beyond.

Simply text Ina from your cell phone 24/7 and she will respond with personalized

nutrition tips, recipes, and answers to your questions.

Registration for this service is completely free and confidential, ensuring your peace of mind. Take this opportunity to optimize your nutrition and enhance your well-being. Join us today and let us guide you toward a healthier and more nourished life during your bladder cancer journey.

[Introduce me to Ina](#)

FREE RESOURCES FOR OUR COMMUNITY



Female Focus Online Support Group

Each month, BCAN provides a safe space for women to meet and talk about the unique aspects of having bladder cancer. The next meeting is **July 2, 2024**.

[Learn more »](#)



Bladder Cancer Podcast

BCAN offers the "Bladder Cancer Matters" podcast. Each episode features interesting guests who discuss bladder cancer research, treatment, caregiving, and survivorship.

[Listen »](#)



Ask the Experts 2024

Watch the compelling video of two bladder cancer doctors answering viewer questions in the 2024 Ask the Experts event.

[Watch Ask the Experts »](#)

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