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Art as Therapy Submission to BCAN

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A beloved Buddhist teacher and friend, now deceased, inspired me to write Haiku. Consistent with the time-honored tradition, I focus on nature – trees, birds, landscapes, and the seasons. During my treatment, however, I thought it might be helpful to write Haiku about my cancer experience, but quickly realized that sitting with Mother Earth's offerings is the most healing for me.

Tuesday in the trees
A treachery of ravens
Great Horned goes silent

Dawn cacophony
Junko, Jay, Robin and Dove
"Conductor Needed"

Naked Deodar
Branches touching the night sky
Gibbous moon replies

Cries from the nursery
Longing for her scent, her touch
Mother Earth's baby

Stalagmite candles
A cavernous spectacle
Limestone dissolving

Gem-Doce cocktail
It must be Thursday at 10
Cancer cells beware!